

The Parish Church of St Martin

Bowness-on-Windermere



ST MARTIN'S

You're always welcome

First Sunday of Lent

22nd February 2026

A loop system is in operation for hearing aid users with a 'T' switch.
Large print copies of this sheet and the hymn book are available. Please ask if you would like one.

*Living Lord, as we offer to you our common life,
refresh our vision that we may know your will
and seek to follow in all your ways.*

*May we follow daily as your disciples,
care deeply for one another in community,
speak boldly your gospel word of love,
and tread gently as faithful stewards of your goodness.*

*We ask this in the power of your holy name,
Creator, Redeemer and Sustainer of our lives, today and for ever. Amen*

A warm welcome to you all, especially to anyone visiting this morning.

Collect and Post Communion for the First Sunday of Lent.

Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness,
and was tempted as we are, yet without sin:
give us grace to discipline ourselves in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Post Communion Prayer

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.

10.00 a.m.

Morning Praise for Lent

Leader: Tony Farren

Greeting

Lent Cross

Hymn 527

On Jordan's bank

Prayers of Penitence

Praise

First reading

Romans 5.12-19 (p.135 NT) read by Helen Jones

Reflection

Second reading

Matthew 4.1-11 (p.2 NT) read by Jill Butler

Reflection

Affirmation of Faith

Hymn 190

Forty days and forty nights

Intercessions, Lord's
Prayer & Collect

Jill Butler

Hymn 484

O for a heart to praise my God



Coffee & refreshments will be served, after the service,
at the back of church.

This week

The forty days of Lent (Sundays not included) mirror Jesus' forty days in the wilderness. In the early Church the season was used as a time of preparation for baptism in which in the celebration of resurrection on Easter Day the candidates were "buried with Christ by baptism into death, so that, just as he was raised from the dead by the glory of the Father, so we too might walk in newness of life." (Rom 6.4). The season of Lent invites us to explore again that newness of life into which we are called.

(If you are looking for a resource for reflection through Lent you might like to try the Church of England's free Everyday Faith app - available in the App Store and in Google Play.)



- 12.30 p.m. Lent Group: Alive in Christ - St Mary's. Please see next page for further details
- 7.45 p.m. James attending Windermere Endowed School Governors meeting



- 10.30 a.m. Fourth Wednesday Communion Service at St Martin's (BCP) with refreshments after the service, & the opportunity to pray with someone, or simply to chat.
- 2.45 p.m. James taking assembly at Goodly Dale CP School

Next Sunday: Second Sunday of Lent

10.00 a.m. Holy Communion

President/Preacher: The Revd James Richards

12.30 p.m. Lunch Bunch lunch

Dates for the month can be found in Parish News or on the website on the 'What's on' page.

NOTICE BOARD

Lent Groups: Alive in Christ Join us this Lent as we journey together through the Alive in Christ course. Alive in Christ is a five-week small-group discipleship course from Resource. Through Bible teaching, worship, reflection & discussion, it helps participants grow in freedom, forgiveness & confidence in serving Jesus. With simple daily readings to support each session, the course is designed to deepen faith & encourage lasting spiritual transformation. Daytime group: Tuesdays 12.30pm-2pm, at St Mary's, Windermere. Cake provided.

Please use the sign-up sheet at the back of the church, if you would like to attend. All are welcome. If you would prefer an evening group, please let Olivia know at teamvicar@southlakeschurches.org.uk. She is happy to run an evening course, but needs to know if there will be people who can come along.

Our many friends at St Martin's will be pleased to hear that Susan continues with her good recovery. She has been discharged by her surgeon, save that something unexpected happens. Her physio is very pleased with the increased recovery of movement of her left arm. So all is well. Unfortunately, although we will be back in the UK for Easter, we have committed to visit our daughter Naomi, in Beverley, on that weekend, so will miss James & Jane's farewell. Susan & I have expressed our heartfelt good wishes to them both for their future in a personal email. Love and prayers, Clarence & Susan.

Children's Society Collection Boxes Please will box-holders return boxes to church, for emptying & banking the money, before the end of February. Either hand in to Sarah in the office (any weekday morning) or give to a person on duty Sunday mornings. Thank you. *Joan Pollard*

Church Log Book - please use the folder, located in the St John's Room, on the Rector's bookshelf, to note down any faults, repairs, or jobs requiring attention (i.e. light bulbs needing to be replaced; leaking pipes etc).

Recycle your used stamps Please leave envelopes with stamps attached, or stamps with a half-inch border of envelope around them, on Sarah's desk in the St John's Room. These will be passed on to St Mary's Hospice in Ulverston. Thank you.

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